

**HOME BASE**  
**Socialization Day, Snack Menu**

DATE: 9-13-18 HEAD START CENTER: \_\_\_\_\_ HOME BASE AREA: \_\_\_\_\_

#OF CHILDREN: 12 #OF ADULTS: 2 HOME BASE EDUCATOR: \_\_\_\_\_

MENU

<p><b><u>AM or PM SNACK: circle one</u></b>                  Banana ½ c.                  Graham Crackers .5 oz.                  1% White Milk ½ c.</p>
--

MENU PLANNING WORKSHEET

Actual Served - #of children _____ # of adults _____		
SNACK MENU	SERVING PORTION	AMOUNT PREPARED
Banana Graham Crackers 1% White Milk	½ c. .5 oz. ½ c.	_____ lbs. _____ oz. _____ gal.

GROCERY LIST (FOR 1 HOME BASE EDUCATOR)

AMOUNT *	DESCRIPTION
4.3 lbs.	Banana
8 oz.	Graham Crackers
½ gal.	1% Milk

HB-Supervisor: \_\_\_\_\_ Date: \_\_\_\_\_ Reviewer: \_\_\_\_\_ Date: \_\_\_\_\_

Only one cooking experience per month.

**EMERGENCY SNACK MEAL PATTERN SERVING: 14 Child Serving Size**

ITEMS: \_\_\_\_\_ INGREDIENTS: \_\_\_\_\_

One Grain: ½ sl. Bread, 8 oz. Cereal, or 14 @ 1 ea. Frozen Pancake

Fruit: Fresh Fruit @ ½ c. ea. or canned

1% Milk: ½ gallon

Water: Available in Center (do not Purchase)

**\* Amount needed for 1 Home Educator case load.**



Make half your plate fruits and vegetables



**HOME BASE**  
**Socialization Day, Snack Menu**

DATE: 9-27-18 HEAD START CENTER: \_\_\_\_\_ HOME BASE AREA: \_\_\_\_\_

#OF CHILDREN: 12 #OF ADULTS: 2 HOME BASE EDUCATOR: \_\_\_\_\_

MENU

<p><b>AM or PM SNACK: circle one</b></p> <p>Refried Beans 1/8 c.</p> <p>Whole Wheat Tortillas 1/2 ea.</p> <p>1% White Milk 1/2 c.</p>
---

MENU PLANNING WORKSHEET

Actual Served - #of children _____ # of adults _____		
SNACK MENU	SERVING PORTION	AMOUNT PREPARED
Refried Beans	1/8 c.	_____ oz.
Whl. Wht. Tortillas	1/2 ea.	_____ ea.
1% White Milk	1/2 c.	_____ gal.

GROCERY LIST (FOR 1 HOME BASE EDUCATOR)

AMOUNT *	DESCRIPTION
1 - 16 oz. can	Refried Beans
7 @ 1/2 ea.	Whole Wheat Tortillas
1/2 gal.	1% Milk

HB-Supervisor: \_\_\_\_\_ Date: \_\_\_\_\_ Reviewer: \_\_\_\_\_ Date: \_\_\_\_\_

Only one cooking experience per month.

**EMERGENCY SNACK MEAL PATTERN SERVING: 14 Child Serving Size**

ITEMS:

INGREDIENTS:

One Grain: 1/2 sl. Bread, 8 oz. Cereal, or 14 @ 1 ea. Frozen Pancake

Fruit: Fresh Fruit @ 1/2 c. ea. or canned

1% Milk: 1/2 gallon

Water: Available in Center (do not Purchase)

\* Amount needed for 1 Home Educator case load.



Make half your plate fruits and vegetables

