

**HOME BASE**  
**Socialization Day, Snack Menu**

DATE: 1-17-2020 HEAD START CENTER: \_\_\_\_\_ HOME BASE AREA: \_\_\_\_\_

#OF CHILDREN: 12 #OF ADULTS: 2 HOME BASE EDUCATOR: \_\_\_\_\_

MENU

<p><b><u>AM or PM SNACK: circle one</u></b> Assorted Crackers . 5oz. Orange slices ½ c. Water</p>
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MENU PLANNING WORKSHEET

Actual Served - #of children _____ # of adults _____		
SNACK MENU	SERVING PORTION	AMOUNT PREPARED
Assorted Crackers	.5 oz.	_____ oz.
Orange slices	½ c.	_____ lbs.
Water	½ c.	_____ tap water

GROCERY LIST (FOR 1 HOME BASE EDUCATOR)

AMOUNT *	DESCRIPTION
7 oz.	Assorted Crackers
3.75 lbs.	Orange slices
-	Water – tap water from center

HB-Supervisor: \_\_\_\_\_ Date: \_\_\_\_\_ Reviewer: \_\_\_\_\_ Date: \_\_\_\_\_

Only one cooking experience per month.

**EMERGENCY SNACK MEAL PATTERN SERVING: 14 Child Serving Size**

ITEMS: INGREDIENTS:

One Grain: ½ sl. Bread, 8 oz. Cereal, or 14 @ 1 ea. Frozen Pancake

Fruit: Fresh Fruit @ ½ c. ea. or canned

1% Milk: ½ gallon Water: Available in Center (do not Purchase)

**\* Amount needed for 1 Home Educator case load.**



Make half your plate fruits and vegetables

