


HOME BASE
Socialization Day, Snack Menu

DATE: 2-7-2020 HEAD START CENTER: _____ HOME BASE AREA: _____

#OF CHILDREN: 12 #OF ADULTS: 2 HOME BASE EDUCATOR: _____

MENU

AM or PM SNACK: circle one
WG English Muffin ½ ea.
Scrambled egg ½ ea.
1% White Milk ½ c.



MENU PLANNING WORKSHEET

Actual Served - #of children _____ # of adults _____		
SNACK MENU	SERVING PORTION	AMOUNT PREPARED
WG English Muffin	½ ea.	_____ sl. Ea.
Scrambled Egg	½ ea.	_____ ea.
1% White Milk	½ c.	_____ gal.

GROCERY LIST (FOR 1 HOME BASE EDUCATOR)

AMOUNT *	DESCRIPTION
7 @ ½ ea.	English Muffin WG
7 @ ½ ea.	Eggs - scrambled
½ gal.	1% White Milk

HB-Supervisor: _____ Date: _____ Reviewer: _____ Date: _____

Only one cooking experience per month.

EMERGENCY SNACK MEAL PATTERN SERVING: 14 Child Serving Size

ITEMS: INGREDIENTS:

One Grain: ½ sl. Bread, 8 oz. Cereal, or 14 @ 1 ea. Frozen Pancake

Fruit: Fresh Fruit @ ½ c. ea. or canned

1% Milk: ½ gallon

Water: Available in Center (do not Purchase)

* Amount needed for 1 Home Educator case load.



Make half your plate fruits and vegetables

