Take Home Meals: Week I

Head Start Breakfast Delivery 9/17 and 9/18/2020

	Monday	Tuesday	Wednesday	Thursday	Friday
	Oatmeal 3.6 oz (dry) Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz.	Oatmeal 3.6 oz (dry) Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz	Oatmeal 3.6 oz (dry) Mixed Fruit ½ cup Shelf Stable 1% White Milk 6.4 oz	Oatmeal 3.6 oz (dry) Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz	Oatmeal 3.6 oz (dry) Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz.

Head Start Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Chunks 2.5 oz Red Sauce 3 oz Pinto Beans (dry) 3.2 oz Rice (dry) 3.2 oz. Corn ¼ cup Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Red Sauce 3 oz Pinto Beans (dry) 3.2 oz Rice (dry) 3.2 oz Corn ¼ cup Mixed Fruit ½ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Red Sauce 3 oz Pinto Beans (dry) 3.2 oz Rice (dry) 3.2 oz Corn ¼ cup. Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Red Sauce 3 oz Pinto Beans (dry) 3.2 oz Rice (dry) 3.2 oz Diced Peaches ½ cup Corn ¼ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Red Sauce 3 oz Pinto Beans (dry) 3.2 oz Rice (dry) 3.2 oz Corn ¼ cup Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz

Head Start Snack

	Monday	Tuesday	Wednesday	Thursday	Friday
	Apple Juice ½ cup WG Vanilla Bear Graham 1 packet	WG Jungle Cracker 1 pk Orange Juice 4 oz	WG Graham Cracker 1 pk Apple Juice 4 oz	WG Apple Cinnamon Bear 1 each. Orange Juice ½ cup	WG Strawberry Waffle Graham 1 ea. Apple Juice ½ cup

Take Home Meals: Week II

Head Start Breakfast Delivery 9/24 and 9/25/2020

	Monday	Tuesday	Wednesday	Thursday	Friday
	WG Cornflakes 1.4 oz Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz.	WG Cornflakes 1.4 oz Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz	WG Cornflakes 1.4 oz Mixed Fruit ½ cup Shelf Stable 1% White Milk 6.4 oz	WG Cornflakes 1.4 oz Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz	WG Cornflakes 1.4 oz Diced Peaches ½ cup .Shelf Stable 1% White Milk 6.4 oz.

Head Start Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Chunks 2.5 oz Black Beans (dry) 3.2 oz Spaghetti (dry) 3.2 oz Red Pasta Sauce 3 oz. Green Beans ¼ cup Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Black Beans (dry) 3.2 oz Spaghetti (dry) 3.2 oz Red Pasta Sauce 3 oz Green Beans ¼ cup Mixed Fruit ½ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Black Beans (dry) 3.2 oz Spaghetti (dry) 3.2 oz Red Pasta Sauce 3 oz Green Beans ¼ cup. Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Black Beans (dry) 3.2 oz Spaghetti (dry) 3.2 oz Red Pasta Sauce 3 oz Diced Peaches ½ cup Green Beans ¼ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Black Beans (dry) 3.2 oz Spaghetti (dry) 3.2 oz Red Pasta Sauce 3 oz Green Beans ¼ cup Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz

Head Start Snack

	Monday	Tuesday	Wednesday	Thursday	Friday
	Apple Juice ½ cup WG Vanilla Bear Graham 1 packet	WG Jungle Cracker 1 pk Orange Juice 4 oz	WG Graham Cracker 1 pk Apple Juice 4 oz	WG Apple Cinnamon Bear 1 each. Orange Juice ½ cup	WG Strawberry Waffle Graham 1 ea. Apple Juice ½ cup

Take Home Meals: Week III

Head Start Breakfast Delivery Oct 1 and Oct 2, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
	Oatmeal 3.6 oz (dry) Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz.	Oatmeal 3.6 oz (dry) Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz	Oatmeal 3.6 oz (dry) Mixed Fruit ½ cup Shelf Stable 1% White Milk 6.4 oz	Oatmeal 3.6 oz (dry) Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz	Oatmeal 3.6 oz (dry) Diced Peaches ½ cup 1 ea. (138 ct). Shelf Stable 1% White Milk 6.4 oz.

Head Start Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
	Tuna 2 oz Macaroni (dry) 3.2 oz Cream of Chicken Soup 3 oz Lentils (dry) 3.2 oz Mixed Vegetable ¼ cup Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz	Tuna 2 oz Macaroni (dry) 3.2 oz Cream of Chicken Soup 3 oz Lentils (dry) 3.2 oz Mixed Vegetable ¼ cup Mixed Fruit ½ cup Shelf Stable 1% White Milk 6.4 oz	Tuna 2 oz Macaroni (dry) 3.2 oz Cream of Chicken Soup 3 oz Lentils (dry) 3.2 oz Mixed Vegetable ¼ cup Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz	Tuna 2 oz Macaroni (dry) 3.2 oz Cream of Chicken Soup 3 oz Lentils (dry) 3.2 oz Diced Peaches ½ cup Mixed Vegetable ¼ cup Shelf Stable 1% White Milk 6.4 oz	Tuna 2 oz Macaroni (dry) 3.2 oz Cream of Chicken Soup 3 oz Lentils (dry) 3.2 oz Mixed Vegetable ¼ cup Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz

Head Start Snack

	Monday	Tuesday	Wednesday	Thursday	Friday
	Apple Juice ½ cup WG Vanilla Bear Graham 1 packet	WG Jungle Cracker 1 pk Orange Juice 4 oz	WG Graham Cracker 1 pk Apple Juice 4 oz	WG Apple Cinnamon Bear 1 each. Orange Juice ½ cup	WG Strawberry Waffle Graham 1 ea. Apple Juice ½ cup

Take Home Meals: Week IV

Head Start Breakfast Delivery Oct 8 and Oct 9, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
	WG Cornflakes 1.4 oz Applesauce ½ cup. Shelf Stable 1% White Milk 6.4 oz.	WG Cornflakes 1.4 oz Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz	WG Cornflakes 1.4 oz Mixed Fruit ½ cup Shelf Stable 1% White Milk 6.4 oz	WG Cornflakes 1.4 oz Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz	WG Cornflakes 1.4 oz Diced Peaches ½ cup. Shelf Stable 1% White Milk 6.4 oz.

Head Start Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Chunks 2.5 oz Pinto Beans (dry) 3.2 oz Rice (dry) 3.2 oz. Peas ¼ cup Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Pinto Beans (dry) 3.2 oz Rice (dry) 3.2 oz Peas ¼ cup Mixed Fruit ½ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Pinto Beans (dry) 3.2 oz Rice (dry) 3.2 oz Peas ¼ cup. Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Pinto Beans (dry) 3.2 oz Rice (dry) 3.2 oz Diced Peaches ½ cup Peas ¼ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Pinto Beans (dry) 3.2 oz Rice (dry) 3.2 oz Peas ¼ cup Applesauce ½ cup Shelf Stable 1% White Milk 6.4 oz

Head Start Snack

	Monday	Tuesday	Wednesday	Thursday	Friday
	Applesauce ½ cup WG Vanilla Bear Graham 1 packet	WG Jungle Cracker 1 pk Orange Juice 4 oz	WG Graham Cracker 1 pk Apple Juice 4 oz	WG Apple Cinnamon Bear 1 each. Orange Juice ½ cup	WG Strawberry Waffle Graham 1 ea. Apple Juice ½ cup