

Head Start Take Home Meals: Week II
April 19, 2021 – April 23, 2021
Delivered Week of April 12, 2021

Head Start Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
WGROatmeal 3.6 oz (dry) Mandarine Oranges ½ cup Shelf Stable 1% White Milk 6.4 oz.	WGROatmeal 3.6 oz (dry) Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz	WGROatmeal 3.6 oz (dry) Mandarine Oranges ½ cup Shelf Stable 1% White Milk 6.4 oz	WGROatmeal 3.6 oz (dry) Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz	WGROatmeal 3.6 oz (dry) Mandarine Oranges ½ cup Shelf Stable 1% White Milk 6.4 oz.

Head Start Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Chunks 2.5 oz Black Beans (dry) 3.2 oz Spaghetti (dry) 3.2 oz Red Pasta Sauce 3 oz. Green Beans ¼ cup Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Black Beans (dry) 3.2 oz Spaghetti (dry) 3.2 oz Red Pasta Sauce 3 oz Green Beans ¼ cup Mandarine Oranges ½ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Black Beans (dry) 3.2 oz Spaghetti (dry) 3.2 oz Red Pasta Sauce 3 oz Green Beans ¼ cup. Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Black Beans (dry) 3.2 oz Spaghetti (dry) 3.2 oz Red Pasta Sauce 3 oz Mandarine Oranges ½ cup Green Beans ¼ cup Shelf Stable 1% White Milk 6.4 oz	Chicken Chunks 2.5 oz Black Beans (dry) 3.2 oz Spaghetti (dry) 3.2 oz Red Pasta Sauce 3 oz Green Beans ¼ cup Diced Peaches ½ cup Shelf Stable 1% White Milk 6.4 oz

Head Start Snack

	Monday	Tuesday	Wednesday	Thursday	Friday
	Apple Juice ½ cup WGR Vanilla Bear Graham 1 packet	WGR Jungle Cracker 1 pk Orange Juice ½ cup	WGR Graham Cracker 1 pk Apple Juice ½ cup	WGR Apple Cinnamon Bear 1 each. Orange Juice ½ cup	WGR Strawberry Waffle Graham 1 packet Apple Juice ½ cup

Head Start Take Home Meals: Week II
April 19, 2021 – April 23, 2021
Delivered Week of April 12, 2021

Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
	WGR Oatmeal 6oz (dry) Mandarine Oranges ½ cup Shelf Stable 1% White Milk 7 oz.	WGR Oatmeal 6oz (dry) Diced Peaches ½ cup Shelf Stable 1% White Milk 7 oz	WGR Oatmeal 6oz (dry) Mandarine Oranges ½ cup Shelf Stable 1% White Milk 7 oz		

Head Start Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
	Black Beans (dry) 5.3 oz Spaghetti (dry) 5.3 oz Red Pasta Sauce 5 oz. Green Beans 1/3 cup Diced Peaches ½ cup Shelf Stable 1% White Milk 7 oz	Black Beans (dry) 5.3 oz Spaghetti (dry) 5.3 oz Red Pasta Sauce 5 oz Green Beans 1/3 cup Mandarine Oranges ½ cup Shelf Stable 1% White Milk 7 oz	Black Beans (dry) 5.3 oz Spaghetti (dry) 5.3 oz Red Pasta Sauce 5 oz Green Beans 1/3 cup Diced Peaches ½ cup Shelf Stable 1% White Milk 7 oz		

Head Start Snack

	Monday	Tuesday	Wednesday	Thursday	Friday
	WGR Vanilla Bear Graham 1 packet Shelf Stable 1% White Milk 7 oz	WGR Jungle Cracker 1 pk Shelf Stable 1% White Milk 7 oz	WGR Graham Cracker 1 pk Shelf Stable 1% White Milk 7 oz		

HEAD START TAKE HOME MEALS
5 DAY, WEEK II
April 19, 2021 – April 23, 2021
Delivered Week of April 12, 2021

IN CARDBOARD BOX
ONE 18 OZ Oatmeal
ONE 12.5 OZ CAN CHICKEN CHUNK
ONE 15 OZ RED SPAGHETTI SAUCE
ONE POUND SPAGHETTI
ONE 15 OUNCE CAN GREEN BEANS
ONE POUND BLACK BEANS
ONE WHOLE GRAIN VANILLA BEAR GRAHAM
ONE WHOLE GRAIN JUNGLE CRACKER
ONE WHOLE GRAIN GRAHAM CRACKER
ONE WHOLE GRAIN APPLE CINNAMON BEAR
ONE WHOLE GRAIN STRAWBERRY WAFFLE GRAHAM
TWO 32 OZ SHELF-STABLE MILK
FIVE DICED PEACHES, ½ CUP PER EACH
FIVE MANDARINE ORANGES ½ CUP PER EACH
TWO SHELF-STABLE 4 OZ ORANGE JUICE
THREE SHELF-STABLE 4 OZ APPLE JUICE

HEAD START TAKE HOME MEALS
3 DAY, WEEK II
April 19, 2021 – April 23, 2021
Delivery: Week of April 12, 2021

IN CARDBOARD BOX
ONE 18 OZ OATMEAL
ONE 15 OZ. SPAGHETTI SAUCE
ONE POUND SPAGHETTI PASTA
ONE POUND BLACK BEANS
ONE 15 OZ. CAN GREEN BEANS
ONE WHOLE GRAIN VANILLA BEAR GRAHAM
ONE WHOLE GRAIN JUNGLE CRACKER
ONE WHOLE GRAIN GRAHAM CRACKER
TWO 32. OZ SHELF-STABLE MILK
THREE DICED PEACHES, ½ CUP PER EACH
THREE MANDARIN ORANGES, ½ CUP PER EACH