Maternal Wellness was developed to work specifically with pregnant and post-partum women at risk of experiencing maternal depression and anxiety. Our staff consists of a Care Navigator, and Maternal Behavioral Health Professional who work together with the woman and her family to develop a comprehensive care plan so that she can feel better and return to wellness.

Through weekly one-on-one visits, the care coordinator will administer

- linkage to resources & counseling
- emotional support
- health education
- help with appointment tracking
- goal setting

Call us for more information!

Fresno County

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