Preventing Tooth Decay

Baby bottle tooth decay
Tooth decay happens when babies go to bed with a bottle or sippy cup. Milk or juice sits on children’s teeth and causes cavities. If your child is thirsty, water before bed is always best.

Even babies can get cavities!
As soon as those first teeth come in, you should start gently brushing.

Children under 3 years old.
Rice size amount of toothpaste

Children 3-6 years old.
Pea size amount of toothpaste

Remember 2-2-2 Rule
Everyone should brush their teeth 2 times a day
Brush your teeth for 2 minutes each time
Everyone in the family should visit the dentist 2 times a year.

Enjoy What we eat matters for developing strong teeth
Limit Excess Sugar and Candy

Raw Fruits and Vegetables

Limit Excess Sugar and Candy

Raw Fruits and Vegetables

(559) 263-1150 WICexpress@fresnoeoc.org Text 1-888-412-5922

This institution is an equal opportunity provider
Pediatric Dentists in the Fresno Area
All accept Medi-Cal
and see children under 3 years of age.

All Smiles Family & Children Dentistry
4125 Ventura Ave. Fresno, CA 93702
(559) 477-4411

Asiri Dental
3248 E. Shields Ave., #B, Fresno CA 93726
(559) 225-8300

Children's Dentistry & Orthodontics
  Airport Location
  1705 N. Fine Ave. #102
  Fresno, CA 93727 (559) 840-1082
  Bullard Location
  726 W. Barstow Ave. #115
  Fresno, CA 93704 (559) 554-9334
  Fig Garden Location
  1275 W. Shaw #101
  Fresno, CA 93711 (559) 840-0732
  Fresno Street Location
  6245 N Fresno St #103,
  Fresno, CA 93710 (559) 554-9999
  S Street Location
  1127 S Street
  Fresno, CA 93721 (559) 878-2685

Dental Group of California
4952 E. Kings Canyon Rd. #101
Fresno 93727
(559) 453-9100

Dr. Edgar Roque, DDS
420 W. Shields Ave. Fresno, CA 93705
(559) 224-1211

Fresno Family Dentistry
1409 N. Fresno St, Fresno CA 93703
(559) 444-0444

High Sierra Dental Center
4820 N. 1st St. Ste #106, Fresno, CA 93726
(559) 224-3110

Western Dental Kids
3920 N Cedar Ave. Fresno, CA 93726
(559) 412-5515

Need assistance finding a Medi-Cal dentist?
Call: Fresno EOC Health Services
(559) 457-7800

For more information on available dentists in your area, visit the Insure Kids Now website
www.insurekidsnow.gov/find-a-dentist/index.html

In addition to English, many providers offer services in other languages. See the legend below for languages spoken.

- Chinese
- Spanish
- Tagalog
- Punjabi
- Lau
- Farsi
- Arabic

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