

Preventing Tooth Decay

Baby bottle tooth decay



Tooth decay happens when babies go to bed with a bottle or sippy cup. Milk or juice sits on children's teeth and causes cavities. If your child is thirsty, water before bed is always best.



Even babies can get cavities!



As soon as those first teeth come in, you should start gently brushing.



Children under 3 years old.

Rice size amount of toothpaste

Children 3-6 years old.

Pea size amount of toothpaste

Remember 2-2-2 Rule



Everyone should brush their teeth **2 times a day**

Brush your teeth for **2 minutes each time**

Everyone in the family should visit the dentist **2 times a year.**

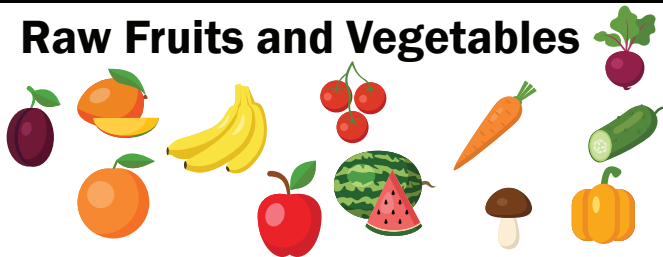


Enjoy

What we eat matters for developing strong teeth

Limit

Raw Fruits and Vegetables



Excess Sugar and Candy



 Fresno Economic Opportunities Commission
Women, Infants and Children

CALIFORNIA
wic
WOMEN, INFANTS & CHILDREN

 www.FresnoEOC.org/WIC

 facebook.com/FresnoEOCWIC

(559) 263-1150 WICexpress@fresnoeoc.org
Text 1-888-412-5922

This institution is an equal opportunity provider

Pediatric Dentists in the Fresno Area

All accept Medi-Cal and see children under 3 years of age.

All Smiles Family & Children Dentistry
4125 Ventura Ave. Fresno, CA 93702
(559) 477-4411 ●

Asiri Dental
3248 E. Shields Ave., #B, Fresno CA 93726
(559) 225-8300 ●

Children's Dentistry & Orthodontics

Airport Location

1705 N. Fine Ave. #102
Fresno, CA 93727 **(559) 840-1082** ●

Bullard Location

726 W. Barstow Ave. #115
Fresno, CA 93704 **(559) 554-9334** ●

Fig Garden Location

1275 W. Shaw #101
Fresno, CA 93711 **(559) 840-0732** ●

Fresno Street Location

6245 N Fresno St #103,
Fresno, CA 93710 **(559) 554-9999** ●

S Street Location

1127 S Street
Fresno, CA 93721 **(559) 878-2685** ●

Dental Group of California
4952 E. Kings Canyon Rd. #101
Fresno 93727
(559) 453-9100 ● ● ✨

Dr. Edgar Roque, DDS
420 W. Shields Ave. Fresno, CA 93705
(559) 224-1211 ■ ● ★

Fresno Family Dentistry
1409 N. Fresno St, Fresno CA 93703
(559) 444-0444 ● ★

High Sierra Dental Center
4820 N. 1st St. Ste #106, Fresno, CA 93726
(559) 224-3110 ● ◆ ▲

Western Dental Kids
3920 N Cedar Ave. Fresno, CA 93726
(559) 412-5515 ●

Need assistance finding a Medi-Cal dentist?
Call: Fresno EOC Health Services
(559) 457-7800

For more information on available dentists in your area, visit the Insure Kids Now website
www.insurekidsnow.gov/find-a-dentist/index.html

In addition to English, many providers offer services in other languages. See the legend below for languages spoken.



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