



Fresno EOC
Head Start
0 to 5

Early Care
&
Education

HOME BASE

Socialization Day, Snack Menu

DATE: 01-18-24 HEAD START CENTER: _____ HOME BASE AREA: _____

#OF CHILDREN: 10 #OF ADULTS: 2 HOME BASE EDUCATOR: _____

MENU

AM or PM SNACK: circle one

Mini bagels 1 ea.

Strawberry Cream Cheese 1 oz.

Orange ½ c.

1% White Milk ½ c.

MENU PLANNING WORKSHEET

Actual Served - #of children _____ # of adults _____		
SNACK MENU	SERVING PORTION	AMOUNT PREPARED
Mini Bagels 1 ea.	1 ea.	_____ @ _____ ea.
Strawberry Cream cheese	1 oz.	_____ - oz. Tubs
Orange	½ c.	_____ lbs.
1% White Milk	½ c.	_____ gal.

GROCERY LIST (FOR 1 HOME BASE EDUCATOR)

AMOUNT *	DESCRIPTION
14 @ 1 ea.	Mini Bagels Whole Wheat
2 - 8 oz. tubs	Strawberry Cream Cheese
3.75 lbs.	Oranges
½ gal.	1% Milk

HB-Supervisor: _____ Date: _____

Reviewer: _____ Date: _____

Only one cooking experience per month.

EMERGENCY SNACK MEAL PATTERN SERVING: 14 Child Serving Size

ITEMS: _____ INGREDIENTS: _____

One Grain:: ½ sl. Bread, 8 oz. Cereal, or 14 @ 1 ea. Frozen Pancake

Fruit: _____ Fresh Fruit @ ½ c. ea.

1% Milk: _____ ½ gallon Water: Available in Center (do not Purchase)

*** Amount needed for 1 Home Educator case load.**



Make half your plate fruits and vegetables





Fresno EOC
Head Start
0 to 5

Early Care
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HOME BASE

Socialization Day, Snack Menu

DATE: 01-26-2024 HEAD START CENTER: _____

HOME BASE AREA: _____

#OF CHILDREN: 10 #OF ADULTS: 2

HOME BASE EDUCATOR: _____

MENU

<p>AM or PM SNACK: circle one</p> <p>Pancakes 1 ea.</p> <p>Diced Peaches ½ c.</p> <p>1% Milk ½ c.</p>
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MENU PLANNING WORKSHEET

Actual Served - #of children _____ # of adults _____		
SNACK MENU	SERVING PORTION	AMOUNT PREPARED
Pancakes	1 ea.	_____ @ _____ ea.
Diced Peaches	½ c.	_____ - 20 oz.
1% Milk	½ c.	_____ gal.

GROCERY LIST (FOR 1 HOME BASE EDUCATOR)

AMOUNT *	DESCRIPTION
14 @ 1 ea.	Pancakes – may use margarine as condiment
3 – 20 oz. can	Diced Peaches
½ gal.	1% Milk

HB-Supervisor: _____ Date: _____

Reviewer: _____ Date: _____

Only one cooking experience per month.

EMERGENCY SNACK MEAL PATTERN SERVING: 14 Child Serving Size

ITEMS: INGREDIENTS:

One Grain: 14- @ 1 sl. Bread, 8 oz. Cereal, or 14 @ 1 ea. Frozen Pancake

Fruit: Fresh Fruit @ ½ c. ea.

1% Milk: ½ gallon Water: Available in Center (do not Purchase)

* Amount needed for 1 Home Educator case load.

Make half your plate fruits and vegetables

