

## HOME BASE Socialization Day Snack Menu

DATE: 11-8-2024 HEAD START CENTER: \_\_\_\_\_ HOME BASE AREA: \_\_\_\_\_

#OF CHILDREN: 10 #OF ADULTS: 2 HOME BASE EDUCATOR: \_\_\_\_\_

### MENU

**AM or PM SNACK: circle one**  
 Assorted Crackers .5 oz. or 4 ea.  
 Apple Slices ½ c.  
 1% White Milk ½ c.

### MENU PLANNING WORKSHEET

| Actual Served - #of children _____ # of adults _____ |                 |                 |
|--|-----------------|-----------------|
| SNACK MENU   | SERVING PORTION | AMOUNT PREPARED |
| Assorted Crackers                                    | .5 oz. or 4 ea. | _____ oz.       |
| Apple Slices   | ½ c.            | _____ lbs.      |
| 1% White Milk  | ½ c.            | _____ gal.      |

### GROCERY LIST (FOR 1 HOME BASE EDUCATOR)

| AMOUNT    | DESCRIPTION       |
|-----------|-------------------|
| 6 oz.     | Assorted Crackers |
| 1.75 lbs. | Apple Slices      |
| ½ gal.    | 1% Milk           |

HB-Supervisor: \_\_\_\_\_ Date: \_\_\_\_\_ Reviewer: \_\_\_\_\_ Date: \_\_\_\_\_

*Only one cooking experience per month.*

**EMERGENCY SNACK MEAL PATTERN SERVING: 14 Child Serving Size**

**INGREDIENTS:**

**One Grain:** ½ sl. Bread, 8 oz. Cereal, or 14 @ 1 ea. Frozen Pancake

**Fruit:** Fresh Fruit @ ½ c. ea. or canned

**Beverage:** 1% Milk ½ gallon

**Water:** Available in Center (do not Purchase)



**\* Amount needed for 1 Home Educator case load.  
This institution is an equal opportunity provider.**



DATE: 11-22-2024 HEAD START CENTER: \_\_\_\_\_ HOME BASE AREA: \_\_\_\_\_

#OF CHILDREN: 10 #OF ADULTS: 2 HOME BASE EDUCATOR: \_\_\_\_\_

**MENU**

|  |
|--|
| <p><b>AM or PM SNACK: circle one</b><br/> Waffles 1 ea.<br/> Strawberry Yogurt ½ c. or 4 oz.<br/> 1% White Milk ½ c.</p> |
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**MENU PLANNING WORKSHEET**

| Actual Served - #of children _____ # of adults _____ |                 |                 |
|--|-----------------|-----------------|
| SNACK MENU   | SERVING PORTION | AMOUNT PREPARED |
| Waffles  | 1 ea.           | _____ ea.       |
| Strawberry Yogurt                                    | ½ c. or 4 oz.   | _____ oz.       |
| 1% White Milk  | ½ c.            | _____ gal.      |

**GROCERY LIST (FOR 1 HOME BASE EDUCATOR)**

| AMOUNT     | DESCRIPTION       |
|------------|-------------------|
| 12 @ 1 ea. | Waffles, toasted. |
| 48 oz.     | Strawberry Yogurt |
| ½ gal.     | 1% Milk           |

HB-Supervisor: \_\_\_\_\_ Date: \_\_\_\_\_ Reviewer: \_\_\_\_\_ Date: \_\_\_\_\_

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**EMERGENCY SNACK MEAL PATTERN SERVING: 14 Child Serving Size**

**INGREDIENTS:**

- One Grain:** ½ sl. Bread, 8 oz. Cereal, or 14 @ 1 ea. Frozen Pancake
- Fruit:** Fresh Fruit @ ½ c. ea. or canned
- Beverage:** 1% Milk ½ gallon
- Water:** Available in Center (do not Purchase)



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