



Vegetarian Lunch Menu - February 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2. Macaroni and Cheese ¾ c. + Grated Cheese 1.5 oz Pork Rib B Q 1 ea. w/ gravy 1 oz. WW Dinner Roll 1 ea. Corn ¼ c. Orange, Fresh 1 ea. 1% White Milk 6 oz.</p>	<p>3. WG Cheese Lasagna 4.3oz. ea. Hi C Salad 1/2c Diced Pears 1/2c. 1% White Milk 6 oz.</p>	<p>4. Grilled Cheese Sandwich (2 Slices) Turkey Ham 6sl & Chz 1sl on WW Brd 1 sl. Baby Carrots 2.6oz pkt Apple, Fresh 1 ea. 1% White Milk 6 oz.</p>	<p>5. Build Your Own Chicken Wrap WG 6" Flour Tortilla 1 ea. Refried Beans 1/2c. Chick. Breast Strips 3 oz. Shred. Cheese 1/2 oz. Shredded Lettuce 1/4c Cucumber Coins 1/4 c. **Apricots ½ c. 1% White Milk 6 oz.</p>	<p>6. Garden Burger 1 ea. Bk Chicken Drum. 1ea WG Bread 1 sl. Calif. Mix Veg. 1/4c. +Mandarin Oranges ½ c. 1% White Milk 6 oz.</p>
<p>9. </p>	<p>10. Vegetarian Chili Beans ¾ c. WG Brd. Chicken Strips 3ea. WG Bread 1 sl. Green beans 1/4 c. *Orange, Fresh 1 ea. 1% White Milk 6 oz.</p>	<p>11. Garden Burger 1 ea. Hamburger on Bun WG Hamburger Bun 1 ea. Beef Patty 1 ea. Cheese 1 sl. Hi C Salad 1/2 Cup **Apricots 1/2c. 1% White Milk 6 oz.</p>	<p>12. Macaroni and Cheese ¾ c. + Grated Cheese 1.5 oz Chicken Meatballs 3ea. w/ gravy 1 oz. WW Dinner Roll 1 ea. Cucumber Coins 1/2 c. Pineapple Tidbits 1/2c. 1% White Milk 6oz.</p>	<p>13. Grilled Cheese Sandwich (2 Slices) Turkey breast 6 sl. w/ chz on WW Brd 1 sl. Jicama Sticks 1/4 c. +Mandarin Oranges 1/2c 1% White Milk 6 oz.</p>
<p>16. </p>	<p>17. Garden Burger 1 ea. BBQ Pork Rib B Q Sand. On Whole Wheat Bun 1 ea. Baby Carrots 2.6oz pkt +Cantaloupe Chunks 1/2 cup 1% White Milk 6 oz.</p>	<p>18. Macaroni and Cheese ¾ c. + Grated Cheese 1.5 oz Beef Mtloaf w/grv 1ea. WW Dinner Roll 1 ea. Hi C Salad 1/2c Apple, Fresh 1 ea. 1% White Milk 6 oz.</p>	<p>19. WG Bean & Cheese burrito 1 ea. Jicama Sticks 1/4 c. **Apricots ½ c. 1% White Milk 6 oz.</p>	<p>20. Grilled Cheese Sandwich (2 Slices) Turkey Ham 6sl & Chz 1sl on WW Brd 1 sl. Cucumber Coins 1/4 c. +Mandarin Oranges 1/2c 1% White Milk 6 oz.</p>
<p>23. Garden Burger 1 ea. Beef Patty 1ea w/grv 1oz. WW Dinner Roll 1 ea. Baby Carrots 2.6oz pkt *Orange, Fresh 1 ea. 1% White Milk 6 oz.</p>	<p>24. WG Cheese Lasagna 4.3oz. ea. Corn 1/4c Tropical Fruit 1/2c. 1% White Milk 6 oz.</p>	<p>25. Vegetarian Chili Beans ¾ c. WG Brd. Chk Patty 1ea On Whole Wheat Bun 1 ea. Jicama Sticks 1/4 c. **Apricots 1/2c. 1% White Milk 6 oz.</p>	<p>26. Macaroni and Cheese ¾ c. + Grated Cheese 1.5 oz Beef Salisbury Steak 1ea with gravy 1 oz WW Dinner Roll 1 ea. Hi C Salad 1/2 Cup Pineapple Tidbits 1/2c. 1% White Milk 6 oz.</p>	<p>27. Grilled Cheese Sandwich (2 Slices) Turkey breast 6 sl. w/ chz on WW Brd 1 sl. Cucumber Coins 1/4 c. +Mandarin Oranges 1/2c 1% White Milk 6 oz.</p>

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