

Head Start – Lunch Menu – June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Meatballs 3 ea. w/ gravy 1 oz. WW Dinner Roll 1 ea. Baby Carrots 2.6 oz. Mandarin Oranges 1/2c 1% White Milk 6oz.	2 WG Brd Chk Patty 1 ea On Whole Wheat Bun 1 ea. Cucumber Coins ¼ c. Cantaloupe Chunks 1/2 cup 1% White Milk 6oz.	3 Beef Mtloaf w/grv 1 ea. WW Dinner Roll 1 ea. Hi C Salad 1/2c Pineapple Tidbits 1/2c. 1% White Milk 6oz.	4 Chicken Strips 3 ea. WW Bread 1 sl. Jicama Sticks 1/4 c. Orange, Fresh 1 ea. 1% White Milk 6oz.	5 Turkey breast 6 sl. w/ chz on WW Brd 1 sl. Baby Carrots 2.6oz pkt Diced Peaches 1/2c. 1% White Milk 6oz.

Head Start – PM Snack Menu – June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1. Mini Bagel ½ ea. Cream Cheese .5 oz. 1% White Milk ½ c. or 4 oz.	2. Cheerios 1 c. Fresh Strawberries ½ c. 1% White Milk ½ c. or 4 oz.	3. Cheese Stick 1 ea. Applesauce ½ c Water	4. Banana ½ c. Tortilla Chips .5 oz. Pico de Gallo 1 Tbsp. 1% White Milk ½ c. or 4 oz.	5. Graham Crackers 1 ea. Or .5 oz. 1% White Milk ½ c. or 4 oz.

USDA is an equal opportunity provider, employer, and lender.

*****No refried beans, burritos, italian vegetable, peas & green beans at all.**